

the dance studio

at EVERYBODY FITS

Tap Combo (ages 2.5-5)

Students should master all or some the concepts below at the end of the season.

- Toe Taps
- Heel Taps
- Alternate Heels
- Alternate Toes
- Toe and Heel Digs
- Echappe
- Shuffle step
- Shuffle hop step
- Shuffle ball-change
- Toe step cha-cha-cha
- Knee bounces
- Airplane Turns
- The “trick”
- Marching
- Flaps
- Heel/Toe Walk
- Beginning Cramp Rolls
- Stamps
- Stomps
- Hops
- Chugs



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Ballet Combo (ages 2.5-5)

Students should master all or some the concepts below at the end of the season.

- Standing in line to go across the floor
- Basic arm positions (1st, 2nd and 5th)
- Basic feet positions (1st, 2nd, 5th and parallel)
- Understand rotation of the hips
- Port de bras
- Releve and Eleve
- Plie (grand and demi)
- Skipping
- Hop on one foot
- Tendu
- Pique
- Passé
- Sauté
- Echappe
- Bourree
- Walking toe to heal
- Spring Points with piques
- Arabesque

