

the dance studio at EveryBody Fits

Beginning Tap (ages 8+)

Students must be able to master before moving to Intermediate Tap!

- Shuffles
- Flaps – running, walking, front, back and side
- Flap heel
- Single standard Time Step
- Military Time Step
- Maxiford
- Buffalo
- Shim Sham
- Pull Backs
- Cincinnati
- Drawbacks
- Bombershay
- Brush hop step
- Cramp Roll
- Wings
- Flap with heels
- Shuffle with heels
- Irish
- Perididdle
- Toe Drops/Pats
- Maxi ford Turns
- Scuff Cramp Roll Turns
- Riff (forward and back)
- Chaine
- Flap Heel Turns
- Ball Heel Turns
- Begin technique for pick-ups



All curriculums are used as a guide. Classes are ultimately structured to the general level of the students.