

the dance studio at EveryBody Fits

Intermediate Tap (ages 8+)

Students must be able to master before moving to Advanced Tap!

The intermediate level focuses on weight shift and traveling. It also introduces syncopation and timing.

- Back essence
- Time Step
- Maxi Ford
- Turning Maxi Ford
- Riffs
- Pull backs
- Single Toe Stands
- Double Toe Stands
- Single Pick up
- Double Pick up
- Buffalo

Advanced Tap (ages 8+)

The advanced level of tap incorporates the beginner and intermediate levels. It focuses more on syncopation and timing of the steps.

- Wings
- Bombershay
- “Over the top”
- Advanced version of draw backs
- Advanced version of pick ups
- Advanced version of perididdles
- Advanced version of Maxi Ford



All curriculums are used as a guide. Classes are ultimately structured to the general level of the students.