



FOR IMMEDIATE RELEASE
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Local Athletes Win at International Taekwondo Championships

COPPELL – Local athletes from the NTA Taekwondo Center at EveryBody Fits received 37 first place finishes at the Fort Worth International Taekwondo Championships (FWITC) October 23 and 24.

Over 1,500 athletes from eight countries and 22 states had the opportunity to compete in two different events during the championship. Poomse, also known as forms, is a pre-arranged series of blocks, strikes and kicks. Gyoroogi, or sparring, involves attacks to the trunk made by the fist or foot and controlled contact to the face made by the foot.

Six athletes from the NTA Taekwondo Center at EveryBody Fits won first place in both the forms and sparring categories for their age and belt divisions:

Black Belt

- Wesley Adams, 10/11, from Coppell

Blue Belt

- Caitlin Kennedy, 12/13, from Coppell
- Ernesto Rossito, 14/15, from Lewisville

Yellow Belt:

- Tucker Ribman, 5, from Irving
- Jessica Blankenship, 8/9, from Coppell
- Brian Lee, 8/9, from Coppell

The NTA Taekwondo Center is directed by Master Sang Cha, a sixth-degree black belt. "I am so proud of all of our students," Cha says. "Many of them don't normally face this level of competition."

Area athletes were exposed to higher levels of competition because of the tournament's status on the Tekno Circuit, a series of six regional tournaments for the top athletes in the sport. Upon completion of the six competitions, athletes with the highest cumulative scores are invited to compete in Bon, Germany, as part of the USA Tekno Taekwondo Team.

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The NTA Taekwondo Center brought home 77 medals from the Fort Worth International Championships. Other top-performing martial artists include:

Black Belts	Age Group	Sparring	Forms
• Zack Marshall, from Coppell	10-11	1	
• Ina Prevalsky, from Irving	10-11	1	
• Thomas Rahimi, from Irving	10-11	1	
• Travis Hinds, from Coppell	12-13	1	
• Tyler Stiles, from Coppell	12-13	1	
• Jason Stiles, from Copell	14-17		1

Red Belts	Age Group	Sparring	Forms
• Matthew Galea, from Coppell	6-7	1	
• Jae Lee, from Irving	8-9	1	
• Keaton Ozymy, from Coppell	10-11	1	
• Rishi Samani, from Coppell	12-13		1

Blue Belts	Age Group	Sparring	Forms
• Arthur Pak, from Carrollton	6-7		1
• Alexander Munoz, from Irving	8-9		1
• Lauren Hinds, from Coppell	10-11	1	
• Sky Pak, from Carrollton	10-11	1	
• Garland Siebert, from Coppell	10-11	1	
• Elisa Farrell, from Coppell	12-13		1
• Evan Gow, from Coppell	12-13	1	

Green Belts	Age Group	Sparring	Forms
• Thomas Jang, from Lewisville	6-7	1	
• Christopher Gagne, from The Colony	8-9	1	
• Bailey Farrell, from Coppell	8-9		1
• Brendan Glover, from Coppell	8-9		1
• Miki Das, from Irving	10-11	1	
• Nate Putney, from Coppell	12-13		1

Yellow Belts	Age Group	Sparring	Forms
• Varnum Prasad, from Coppell	6-7	1	
• Goutham Kandru, from Coppell	10-11	1	

About the NTA Taekwondo Center and EveryBody Fits

The NTA Taekwondo Center, which is directed by sixth-degree black belt Master Sang Cha, is located in EveryBody Fits in Coppell, Texas. EveryBody Fits offers the finest artistic and athletic programs for the whole family including: Gymnastics, Dance, Cheerleading, Taekwondo, Fitness, Art, Acting, Sports Skills and a Café. The first of its kind, EveryBody Fits is a uniquely-designed facility providing one place to enroll kids in a diverse set of programs while also allowing parents to focus on their own fitness or leisure desires. To learn more about this announcement or EveryBody Fits, visit our Web site at www.EveryBody-Fits.com or call 972-471-2345.

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