



**FOR IMMEDIATE RELEASE**  
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## **Young Irving Athlete Wins at International Taekwondo Championships**

COPPELL – Tucker Ribman, 5, from Irving, won double gold in his first-ever Taekwondo tournament, the Fort Worth International Taekwondo Championship (FWITC), held October 23 and 24. Ribman trains at the NTA Taekwondo Center at EveryBody Fits.

Ribman, a yellow belt, won both the Poomse and Gyorooigi divisions for competitors his age and belt level. Poomse, also known as forms, is a pre-arranged series of blocks, strikes and kicks. Gyorooigi, or sparring, involves attacks to the trunk made by the fist or foot and controlled contact to the face made by the foot.

The NTA Taekwondo Center is directed by Master Sang Cha, a sixth-degree black belt. “I am so proud of Tucker,” Cha says. “He had a great competition to start off his Taekwondo career.”

Over 1,500 athletes from eight countries and 22 states competed in the 24<sup>th</sup> annual FWITC. Area athletes were exposed to higher levels of competition because of the tournament’s status on the Tekno Circuit, a series of six regional tournaments for the top athletes in the sport. Upon completion of the six competitions, athletes with the highest cumulative scores are invited to compete in Bon, Germany, as part of the USA Tekno Taekwondo Team.

The NTA Taekwondo Center at EveryBody Fits won 77 medals, 37 of them gold, at the FWITC. Other top-performing martial artists from the center include:

<b>Black Belts</b>	<b>Age Group</b>	<b>Sparring</b>	<b>Forms</b>
• Wesley Adams, from Coppell	10-11	1	1
• Zack Marshall, from Coppell	10-11	1	
• Ina Prevalsky, from Irving	10-11	1	
• Thomas Rahimi, from Irving	10-11	1	
• Travis Hinds, from Coppell	12-13	1	
• Tyler Stiles, from Coppell	12-13	1	
• Jason Stiles, from Coppell	14-17		1

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<b>Red Belts</b>	Age Group	Sparring	Forms
• Matthew Galea, from Coppell	6-7	1	
• Jae Lee, from Irving	8-9	1	
• Keaton Ozymy, from Coppell	10-11	1	
• Rishi Samani, from Coppell	12-13		1

<b>Blue Belts</b>	Age Group	Sparring	Forms
• Arthur Pak, from Carrollton	6-7		1
• Alexander Munoz, from Irving	8-9		1
• Lauren Hinds, from Coppell	10-11	1	
• Sky Pak, from Carrollton	10-11	1	
• Garland Siebert, from Coppell	10-11	1	
• Elisa Farrell, from Coppell	12-13		1
• Evan Gow, from Coppell	12-13	1	
• Caitlin Kennedy, from Coppell	12-13	1	1
• Ernest Rossito, from Lewisville	14-15	1	1

<b>Green Belts</b>	Age Group	Sparring	Forms
• Thomas Jang, from Lewisville	6-7	1	
• Christopher Gagne, from The Colony	8-9	1	
• Bailey Farrell, from Coppell	8-9		1
• Brendan Glover, from Coppell	8-9		1
• Miki Das, from Irving	10-11	1	
• Nate Putney, from Coppell	12-13		1

<b>Yellow Belts</b>	Age Group	Sparring	Forms
• Varnum Prasad, from Coppell	6-7	1	
• Jessica Blankenship, from Coppell	10-11	1	1
• Brian Lee, from Coppell	10-11	1	1
• Goutham Kandru, from Coppell	10-11	1	

### **About the NTA Taekwondo Center and EveryBody Fits**

The NTA Taekwondo Center, which is directed by sixth-degree black belt Master Sang Cha, is located in EveryBody Fits in Coppell, Texas. EveryBody Fits offers the finest artistic and athletic programs for the whole family including: Gymnastics, Dance, Cheerleading, Taekwondo, Fitness, Art, Acting, Sports Skills and a Café. The first of its kind, EveryBody Fits is a uniquely-designed facility providing one place to enroll kids in a diverse set of programs while also allowing parents to focus on their own fitness or leisure desires. To learn more about this announcement or EveryBody Fits, visit our Web site at [www.EveryBody-Fits.com](http://www.EveryBody-Fits.com) or call 972-471-2345.

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