



NTA TAEKWONDO CENTER

FACT SHEET

Updated 7/11/06

Age Range

3 1/2 years – adult

Director

Master Cha – 6th Degree Black Belt; 34 years of Taekwondo experience; 1985 USA Taekwondo Team Member; Two-time World Championship Medalist in Taekwondo.

Improves:

- ☆ Flexibility and muscle control
- ☆ Coordination
- ☆ Goal setting
- ☆ Self-confidence
- ☆ Positive attitude
- ☆ Concentration
- ☆ Self-esteem

How Our Program Differs from Others:

- ☆ 6:1 student to instructor ratio
- ☆ Top quality instructors – all of our instructors are certified by the World TKD Federation – Kukkiwon
- ☆ Students have a choice between curriculum or competition team

Scheduling

Master Cha holds a trial class every Saturday morning for beginning children. This free class also serves as an evaluation for those with experience to determine proper class/level placement. Adult trials are held at 8 p.m. on Tuesdays or Thursdays. Recreational schedule includes two classes per week for 45 minutes each.

Fees

Class fees vary depending on how many months booked. Contact EveryBody Fits at 972-471-2345 for pricing information.

NTA Taekwondo Center
at EVERYBODY FITS



EVERYBODY FITS®

200 Fitness Court ☆ Coppell, TX 75019 ☆ 972-471-2345 ☆ www.EveryBody-Fits.com