



**FOR IMMEDIATE RELEASE**  
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## **Local Gymnastics Club Triumphs and Gymnasts Make National Team**

COPPELL – Texas Dreams Gymnastics at EveryBody Fits in Coppell has the most National Talent Opportunity Program (TOPs) gymnastics team members in the country with a total of eight team members. Reagan Campbell, 7, from Flower Mound, Kelly Cummins, 8, from Coppell, Tommi Goodman, 7, from Lewisville, Rebekah Moomau, 8, from Coppell, Allyson Nied, 8, from Coppell, Hollee Rogers, 7, from Coppell, Brittany Franklin, 9, from Carrollton, and Anna Goldblatt, 11, from Coppell made this year's TOPs gymnastics team.

USA Gymnastics (USAG), the national governing body of the sport in the United States, conducts an annual talent opportunity program to identify young gymnasts who have the ability to excel in the sport. Through a series of tests, USAG identifies approximately 20 gymnasts in each 7-11 age group for the TOPs National Team. This year more than 3,500 of the best-of-the-best gymnasts from across the country tested in TOPs, which was sponsored by T.J. Maxx.

At TOPs National Testing, gymnasts perform a variety of physical ability tests including pull-ups, leg lifts, flexibility, sprints, rope climbs, vertical jumps, press handstands, and handstand holds. The 7- to 9-year-old gymnasts are asked to hold the handstand for 30 seconds and the 10- and 11-year-olds for 60 seconds. They also perform required skills on each of the events including vault, uneven bars, balance beam, and floor exercise. The test scores are tallied and between 13 and 20 gymnasts are named to the TOPs National Team.

Campbell, Cummins, Goodman, Moomau, Nied, and Rogers make up 30 percent of the 7- and 8-year-old National Team – a team accomplishment almost unheard of. Goldblatt and Franklin have earned an all-expense paid trip to the National Team training camp conducted by the USAG National Coaching Staff. The training camp will be held at Bela Karolyi's Ranch in Houston in December and is for those National Team gymnasts who are between the ages of 9 and 11.

"It is an awesome accomplishment to be the gymnastics club with the most National Team members in the country," says coach Marnie Brys. "All of our gymnasts worked so hard to receive this honor, and we could not be more proud of them."

These gymnasts train at Texas Dreams Gymnastics at EveryBody Fits in Coppell between 18 and 30 hours per week. Moomau, Nied, and Franklin are trained by Marnie Brys and

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Justin Norton. Goldblatt is trained by Brys and Gina Logan. Campbell, Cummins, Goodman, and Rogers are trained by Logan and Helen Burgin.

The TOPs National Gymnastics Team is made up of America's elite female gymnasts who are on track to appear in future Olympics. The USAG organization will now keep a close eye on these rising stars. Being a TOPs National Team member does not guarantee a future in competitive gymnastics; however, of the current members on the Women's National Team, more than 50 percent were TOPs participants at young ages. In fact, Carly Patterson, Courtney Kupets, Chellsie Memmel, and Tasha Schwikert of the 2004 silver-medal-winning Olympic team were TOPs graduates, and each was awarded the TOPs athlete-of-the-year distinction.

In addition, Texas Dreams Gymnastics had other top performing gymnasts during the TOPs testing including:

### **9- to 11-year-olds**

#### *TOPs "B" Team*

- Ellie Heppes, 9, from Coppell (Heppes, who missed making the National Team by less than .16 of a point, was one of only three gymnasts who performed a "perfect" handstand hold for all 9-year-olds. She is the first on the list of National Team alternates.)
- Gena Pitts, 9, Highland Village

#### *TOPs Testing Participants*

- Kyleigh Compton, 9, from Southlake
- Marena Miles, 10, from Lewisville

### **7- and 8-year-olds**

#### *Gold Team*

- Allison Cary, 7, from Coppell

#### *Silver Team*

- Lauren Deems, 8, Coppell
- Meg Howard, 7, Coppell
- Lexi Montgomery, 7, from The Colony
- Madison Turner, 7, from Flower Mound

### **About Texas Dreams Gymnastics and EveryBody Fits**

Texas Dreams Gymnastics, which is directed by former All-Around World Champion and Olympic medalist Kim Zmeskal Burdette and her husband, National Team Coach Chris Burdette, is located in EveryBody Fits in Coppell, Texas. EveryBody Fits offers the finest artistic and athletic programs for the whole family including: Gymnastics, Dance, Cheerleading, Taekwondo, Fitness, Art, Acting, Sports Skills, and a Café. The first of its kind, EveryBody Fits is a uniquely-designed facility providing one place to enroll kids in a diverse set of programs while also allowing parents to focus on their own fitness or leisure desires. To learn more about this announcement or EveryBody Fits, visit our Web site at [www.EveryBody-Fits.com](http://www.EveryBody-Fits.com) or call 972-471-2345.

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TOPs National Team members pictured from left to right: Anna Goldblatt, 11, from Coppell, Allyson Nied 8, from Coppell, Brittany Franklin, 9, from Coppell, Rebekah Moomau, 8, from Coppell, Tommi Goodman, 7, from Lewisville, Kelly Cummins, 8, from Coppell, Hollee Rogers, 7, from Coppell, and Reagan Campbell, 7, Flower Mound