



EVERYBODY FITS

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Local Gymnast Excels at USA Gymnastics Junior Olympic (JO) Western Championships

COPPELL – Aimee Erb, 14, of Flower Mound, recently finished near the top in the 2005 Level 9 USA Gymnastics Junior Olympic Western Championships. Her all-around score of 37.025, out of a possible 40.0, earned her fifth place in the Senior A Division.

The Level 9 Western Championships took place May 5-8 at the Washington University Field House in St. Louis, Mo. The Western and Eastern Championships are the highest level of competition for Level 9 gymnasts in the Junior Olympic program.

Erb qualified for the Western Championships through a second place all-around finish at Regionals in April. Each of four regions qualifies its top gymnasts for the meet. Region 3, composed of gymnasts from Ark., Colo., N.M., Okla., Wyo., Texas and Kan., accounted for 12 of the 49 athletes competing in the Senior A age group at the Western Championships. The Senior A Division is made up of athletes born between October 1, 1989 and April 30, 1990.

“This was a great way to finish my season,” Erb said. “Westerns was a great experience, and it’s been so exciting to see my hard work pay off.”

In addition to her top all-around performance, Erb also claimed the silver medal on balance beam at the Western Championships.

“It’s great to see your athletes set goals and work to achieve them,” coach Burdette said. “That’s what Aimee has done this season, and I’m very proud of her.”

Erb trains approximately 40 hours a week at Texas Dreams Gymnastics at EveryBody Fits. She is under the direction of former Olympic medalist Kim Zmeskal Burdette and National Team Coach Chris Burdette.

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Local Gymnast Excels at Western Championships Cont. Page 2

About Texas Dreams Gymnastics and EveryBody Fits

Texas Dreams Gymnastics, which is directed by former All-Around World Champion and Olympic medalist Kim Zmeskal Burdette and her husband, National Team Coach Chris Burdette, is located in EveryBody Fits in Coppell, Texas. EveryBody Fits offers the finest artistic and athletic programs for the whole family including: Gymnastics, Dance, Cheerleading, Taekwondo, Fitness, Art, Acting, Sports Skills and a Café. The first of its kind, EveryBody Fits is a uniquely-designed facility providing one place to enroll kids in a diverse set of programs while also allowing parents to focus on their own fitness or leisure desires. To learn more about this announcement or EveryBody Fits, visit our Web site at www.EveryBody-Fits.com or call 972-471-2345.

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