



EVERYBODY FITS

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Local Gymnasts to Represent Texas at National Competition

COPPELL – Four local gymnasts were named to the Level 7 All-Star Team that will represent Texas at the National Association of Women’s Gymnastics Judges (NAWGJ) National Judges Cup in New Orleans this January.

Regina Romero, 10, from Carrollton, Sydnie Dillard, 11, from Lewisville, Lauren Stamper, 14, from Fort Worth and Maddie Kaeppler, 11, from Flower Mound placed in the top six in all-around competition at the Level 7 All-Star Texas Challenge on December 4, earning them a spot on the team.

Romero, Dillard, Stamper and Kaeppler train approximately 24 hours a week at Texas Dreams Gymnastics at EveryBody Fits, located in Coppell. They are coached by Marnie Brys, Ray Quezada and Amber Ritchey. “I am so proud of all our athletes,” said Brys. “The girls had an outstanding meet, and I know these four will make Texas proud in January.”

Nearly 40 athletes from 12 different gyms competed to make Texas’ first team to participate in the National Judges Cup competition. The other two Texas team members train at Capital Gymnastics in Austin.

The National Judges Cup will be held January 7-9. The Judges Cup is an invitational meet and will feature more than 650 gymnasts in levels 4 through 10. However, only Level 7 gymnasts will compete in the state team portion of the competition. The twelve states competing in the Level 7 All-Star State Team Competition include: Alabama, California, Idaho, Kansas, Louisiana, Michigan, Missouri, New Mexico, Oklahoma, Texas and Washington.

“We decided to feature Level 7 gymnasts because they do not compete beyond the state level,” said meet director Patty Shipman. “We’re so excited to have Texas here this year.”

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The NAWGJ exists to provide professional development to its members and to support and promote women's gymnastics in the United States. Judges from the NAWGJ volunteer to work the annual Judges Cup to give back to gymnastics and to help further the development of the sport and athletes across the nation. All proceeds from the meet are put back into the organization to help train and prepare judges.

In addition to the top all-around finishes, athletes from Texas Dreams Gymnastics performed well in individual event competition. Other top placements include:

- Romero: Uneven Bars – 1st (tie)
- Dillard: Balance Beam – 1st
- Stamper: Vault – 1st, Floor Exercise – 2nd, Balance Beam – 3rd
- Kaeppler: - Uneven Bars – 3rd
- Porschia Paxton, 12, of Lewisville: Floor Exercise – 1st
- McKenna Hares, 11, of Coppell: Balance Beam – 2nd
- Cole Sander, 9, of Roanoke: Uneven Bars – 1st (tie)

About Texas Dreams Gymnastics and EveryBody Fits

Texas Dreams Gymnastics, which is directed by former All-Around World Champion and Olympic medalist Kim Zmeskal Burdette and her husband Chris Burdette, is located in EveryBody Fits in Coppell, Texas. EveryBody Fits offers the finest artistic and athletic programs for the whole family including: Gymnastics, Dance, Cheerleading, Taekwondo, Fitness, Art, Acting, Sports Skills and a Café. The first of its kind, EveryBody Fits is a uniquely-designed facility providing one place to enroll kids in a diverse set of programs while also allowing parents to focus on their own fitness or leisure desires. To learn more about this announcement or EveryBody Fits, visit our Web site at www.EveryBody-Fits.com or call 972-471-2345.

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